

LONGVIEW

DAY SPA

TREATMENT MENU

Ph (08) 8388 9694

www.longviewsa.com.au



MASSAGE

Your skin will feel truly hydrated with a nourishing blend of organic canola oil, apricot kernel, avocado oil and jojoba seed oil.

45 Minutes	\$ 115
1 Hour	\$165
1 Hour & 30 Minutes	\$215

Balanced

Calm / Soothe / Breathe

Smooth hands glide rhythmically, releasing tension, melting away life's stresses and allowing you to drift into a state of pure relaxation.

Purified

Deep / Release / Restore

Rebalance the body with this restoring massage, aimed at unlocking muscular tension and restoring posture through deep tissue massage.

Grounded (*Warm Stone*)

Soften / Clear / Meditative

Dissolve away stress and tension with the weight and warmth of smooth basalt stones.

FACIALS

Nurture your skin with the power of organic ingredients, artfully blended to restore moisture and balance.

Age Vita-Renewal 1 Hour \$195
Rejuvenate / Hydrate / Brighten

Rejuvenate and brighten your skin with our performance Age Vita Renewal Facial, complete with a high concentration of Vitamin C and E, Green Tea and antioxidant properties. Revitalising and re-energising your skin, while assisting to neutralise the effects of free radicals, leaving the skin glowing and radiant.

Renew & Resurface 1 Hour \$195
Exfoliate / Smooth / Plump

Improve hydration and skin texture with our specially curated enzyme rich and potent fruit powder blend treatment, delivering a powerful boost to our AHA rejuvenate peel. As the products glide over your skin, the lactic and enzyme formulation will smooth and plump mature skin, improving cell turnover and hydration.

Multi-Detox Clay 1 Hour \$195
Detox / Repair / Balance

Improve texture, whilst detoxifying the skin, with a blend of Kaolin and Bentonite, meticulously blended together during the treatment, creating an organic blend of ingredients to deliver repair and balance to the skin. Restoring moisture and smoothing away fine lines, this treatment will result in a visibly brighter and firmer complexion.

Radiate & Renew 1 Hour & 30 Minutes \$285
Tone / Lift / Illuminate

This treatment will illuminate and rejuvenate the skin thanks to a potent blend of vitamins and antioxidants. Combined with a Gua Sha stone massage to lift and tone the skin, while increasing blood circulation and detoxification. Resulting in a radiant complexion while calming and balancing your mind and soul.

BODY TREATMENTS

Rich oils, butters and creamy masks will nourish the skin, leaving it velvety soft and replenished.

Resurfacing & Exfoliating	1 Hour	\$ 195
<i>Invigorate / Mineralise / Refresh</i>	1 Hour & 30 Minutes	\$285

Salt exfoliation, skin hydration.

Your body will be polished to perfection with this infusion of Salt Crystals and oil, aiding in removing dead skin cells and improving circulation. In addition, this treatment includes a decadent body butter application to replenish and renew the skin.

Nourish & Nurture Cocoon	1 Hour	\$225
<i>Hydrate / Infuse / Entice</i>	1 Hour & 30 Minutes	\$ 315

Salt exfoliation, body wrap, skin hydration.

Combining rich oils and butters, this silky, creamy mask infusion will ensure the skin is left nourished, rejuvenated and velvety soft. With intense nourishing and hydrating ingredients of Vitamin E, rich nut oils and antioxidants, this luxurious treatment will leave your skin feeling radiant.

Organic Enzyme Wrap	1 Hour	\$225
<i>Brighten / Resurface / Nourish</i>		

Body wrap, skin hydration

A creamy enzymatic formula that offers an indulgent and nourishing treatment for the body. A bio-enzymatic blend incorporating BHA's natural exfoliant qualities for an intense, yet gentle, exfoliation of the skin. Full of superfoods and rich butters, this body treatment will nourish with an abundance of fatty acids and vitamins, leaving the skin soft, resurfaced and glowing.

SIGNATURE PACKAGES

The Wagtails Tale

2 Hour

\$345

Plump / Nourish / Glow

Full body massage including scalp, Age-vita Renewal facial, foot treatment.

Nourish your face and body and discover the restorative benefits of Willow Bark, Papaya Enzyme along with the natural essences of Sugar Maple, Lemon and Grapefruit. Feel the purity and enrichment of 100% organic ingredients and therapeutic plant extracts, collectively plumping and feeding your face and body to allow your skin to glow.

The Devils Cure

2 Hours & 45 Minutes \$445

Invigorate / Detoxify / Cocoon

Full body massage, body exfoliant, body wrap, head massage.

Begin with a customised full body massage, followed by an invigorating coffee salt scrub to exfoliate the skin and improve circulation. The body treatment concludes in a cocooning body wrap to leave your skin feeling velvety soft. Melt away with a hydrating head massage (optional macadamia/coconut/rosehip hair oil treatment), while your body is grounded by a weighted blanket. Your treatment will end with a full body hydration, leaving you feeling rejuvenated.

Upgrade to our enzyme body wrap for a deeper exfoliation restoring hydration and glow to fatigued dry skin – (additional \$60).

SIGNATURE PACKAGES

Saturnus Return

1 Hour & 30 Minutes \$295

Radiate / Soften / Subdue

Warm stone back massage, AHA Rejuvenate Peel facial, head and neck massage, scalp massage.

Relieve muscular tension with a warming back massage using smooth basalt stones, then indulge in the ultimate cellular regeneration with a rejuvenating facial utilising our botanical-based AHA's and enzymes with Aloe Vera and Olive Leaf Extract to soothe and calm the skin without compromising its potency. This bio-active peel is suitable for most skin types to help improve elasticity and refine and rejuvenate the skin without the use of synthetic chemicals.

While your skin hydrates with our Bio-Hydra sheet mask, we'll perform a deeply relaxing scalp massage.

